

## Social Sciences Oriented

### Module 7 – Vietnamese People and Livelihoods

#### I. Tourist Resources in the MD (3 credits)

- Introduction to tourist resources such as landscapes, historical relics, festivals, traditional history, eating and drinking habits, etc. in the MD
- Contents:
  - Introduction to the MD
  - Natural tourist resources
  - Human tourist resources
  - Tourist attractions in the MD

**Field trips: Three-day field trips to diverse tourist sites in the Mekong Delta to get to know the local people's livelihood and socio-economic conditions.**

#### II. Southern Vietnamese Cuisine (3 credits)

- Provides learners with the knowledge of the cultural aspect of Vietnamese cuisine, including cuisine outlook and eating and drinking styles
- Contents:
  - Introduction to South Viet Nam and its cuisine map
  - Some special styles of Vietnamese southern cuisine
  - Similarities and differences between the Northern, Central, and Southern cuisine styles
  - Practice

#### III. Mekong Delta Food Culture (1 credit)

- Provides learners with particular characteristics of the MD food culture, its origin, developing process and nature, people's eating habits, the MD specialties, some special recipes and steps to prepare them, and typical restaurants
- Contents:
  - Special characteristics of the MD food
  - Special dishes during the High Tide Season in the MD
  - Places for foods for hand-on trips in the MD
  - Ways of cooking some typical MD dishes

